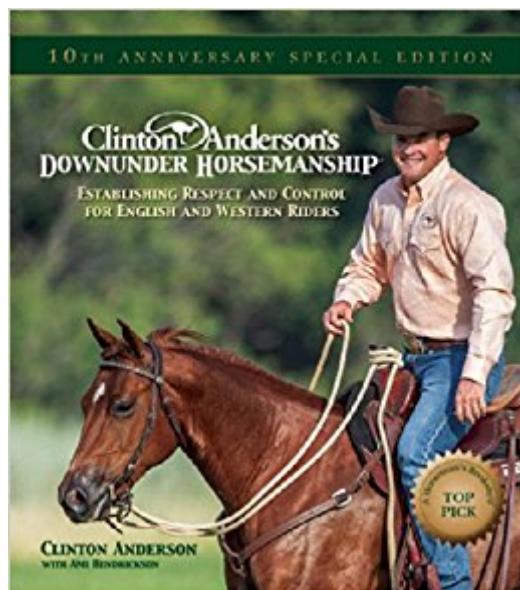




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# Clinton Anderson's Downunder Horsemanship: Establishing Respect And Control For English And Western Riders



## Synopsis

If you have seen his weekly television program, Downunder Horsemanship, then you know that Clinton Anderson's training techniques can achieve amazing results with almost any horse. Now his methods are available for the first time in a reader-friendly, highly illustrated book, and you, too, can learn the program that teaches "everyday people" – regardless of riding style, age, or ability – how to better communicate with their mounts.

## Book Information

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## Customer Reviews

“This is an enjoyable book to read, with a lot of useful information to offer.”  
American Quarter Horse Journal

Native Australian Clinton Anderson offers his training methodology for “real life” horses and their owners. Beginning by stressing the importance of a fundamental understanding of horse psychology and “why they do what they do,” the author introduces readers to safe and specific ways to approach training or behavioral problems, then guides them through basic groundwork and under-saddle exercises. Throughout, the book features two “real horses” with “real riders” and “real problems,” their experiences with Downunder Horsemanship, and how it improved confidence, established respect, and provided “real solutions” for all involved. Clinton Anderson trains, tours, and conducts clinics across the United States. He stars in a weekly satellite television program called “Downunder Horsemanship TV,” where he works with untrained and

“problem” horses. He is based in Sterling, Illinois.

I own a lot of books on horse training. This book in my opinion is one of the better ones out there. I found the groundwork training sections particularly helpful working through them with a pretty hardheaded and pushy horse many people have had problems with. The instructions were very clear with follow up tips for common problems that can arise and handler errors. The book really stays on topic with the useful training instructions rather than digressing into self promotional rambling, or long sidetrack passages on the writer's personal horse philosophies, or diatribes on how dumb most people are with horses and how they are doing it wrong. Unfortunately too common and usually unhelpful elements of many horse training books. The organization of the groundwork material was also very good and progression of skills as well progresses logically and they build on each other. I can't speak so much for the riding sections as I work on riding with a trainer and haven't had much chance to work through those specific exercises. The groundwork section though itself more than justified the purchase in helpfulness and results. The horse has greatly improved ground manners and is safer to handle.

This is a great book for anybody with a horse who can be big and bossy on the ground. Clinton teaches the why's and wherefore's of respect between horse and handler. This is a 5-star book that takes the lessons on the ground into the saddle in a seamless and methodical manner. I am a senior who has returned to riding after 45 years out of the saddle. Being a "visual" learner, the pictures and detailed step-by-step instructions make it so easy to achieve success with each exercise. A great reference book for any equestrian's library.

Clinton Anderson must be rated as one of the top, if not the top man for working with problem and/or unbroken horses. The exercises in the book are easy to understand with beautiful pictures to back up the text. Anderson is working with two "every day" riders with horses displaying various behavioural problems and their voice is heard alongside his - what they found easy and what difficult. This makes the book a treasure for those of us facing problems with our horse and also wishing to improve the relationship between horse and rider. This book would suit anyone wanting to start on natural horsemanship and those with experience.

The reason for Clinton Anderson's popularity is that he not only understands, respects and is an ADVOCATE for horses but that he is exceptionally intelligent, thoughtful and insightful, an

accomplished and effective rider, an absolutely remarkable trainer/clinician and (most importantly) a perfectly brilliant COMMUNICATOR. He certainly did not INVENT Natural Horsemanship, but because of his natural gift for explaining and illustrating how to get the results he gets (and his generosity in holding NOTHING back!), his students (human AND equine) "get it" in record time and are eager & excited to learn more. I have read soooo many horse books in my lifetime and gone to soooo many clinics and watched soooo many videos...now, along comes Clinton to systematize and present this information in a way that ANY idiot (even me) can readily understand and put into practice - WITHOUT chasing the poor horse around endlessly in a round pen or on a lunge line - to achieve SOLID results without creating fear or pain. I saw a great cartoon in Western Horseman recently which showed a couple of ancient Greek know-it-alls badmouthing "that newfangled horse whisperer, Xenophon." Clinton is a Xenophon for our time - and long overdue. Read this book and watch him live, on video or on RFD-TV and you, too, will "get it." This guy is our best hope for opening a lot of closed minds on both sides of the "English" and "Western" fences and making the world a more enjoyable and SAFER place for horses AND their riders. PS: If you are sick of riding around in an arena and want to take your horse trail riding (or ANYWHERE new & strange), Clinton's your boy. I also recommend his trailer-loading video - short, clear & boy does it WORK. Just like the rest of his stuff. UPDATE: Clinton was in Nampa, Idaho in April 2005 and lived up to his reputation 100%. He looked tired & exasperated in the "autograph venue" but he was totally "ON" with the horses & any skeptics in attendance appeared to have been converted. About ALL the current crop of "horse whisperers" I must make one comment, though. Even the most gifted clinician can't teach timing, tact & body language. That is something that comes from experience & spending years around horses. So don't think that by buying books & videos you will achieve the same results. I do think that by sticking with Clinton Anderson you will stand the best chance of being successful in your horse training efforts, not hurting or ruining your horse, and not getting killed or maimed in the process.

I have a 10 year old TW/Andalusian I bought in September. He had no ground manners when I bought him but he road beautifully. He thought just because he was bigger than me, he could push me around. With the help of a friend of mine, we got him to where he would listen. It took a stud chain which I don't like using but did and now he's down to a rope halter. I bought Clinton Anderson's book because I want more from Boomer. I want him to trust me when I'm in the saddle on the trail, just as much as he trusts me on the ground. I haven't got to work on the exercises yet, our weather just isn't good enough and I don't have an indoor arena. I'm also following Mr.

Anderson's advice in reading the entire book before doing any of the exercises. From what I've read so far, I know his techniques are going to help and by show season, I will have a horse ready to show in halter if not in riding. I have already recommended this book to a friend of mine who is getting a horse next week. Thank you Mr. Anderson for sharing your knowledge with the world.

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